

Session #11

Home-based Interventions

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Project DULCE (Developmental Understanding and Legal Collaboration for Everyone) at Boston Medical Center (BMC)

Based on the Strengthening Families approach, DULCE links parents of newborns who get their primary care at BMC with a DULCE Family Specialist. Families meet with the DULCE Family Specialist at all routine visits at home visits, and by phone. They receive support for any unmet legal needs and age-related information on child development and parenting. Preliminary results of a federally-funded randomized clinical trial suggest that DULCE families do receive more support and better understand their infants; we have now started a clinical pilot.