How can so much fun teach STEM skills?

When you hear the word technology, you might think of computers and smartphones, but in the preschool curriculum, technology refers to using tools and developing fine and gross motor skills. Tools can help children develop eye-hand coordination and strengthen their hand and finger muscles for writing, typing, and drawing.

Try these Activities!

• **Scissor skills.** Show your children how to hold scissors. The thumb goes in the top hole and the pointer (index) finger should be placed in the lower hole. The middle finger should rest just below the rim of the lower hole to support the scissors. The ring and little finger are not used in cutting.

• **Basic shape cutouts.** Draw three basic shapes on paper (square, circle, and triangle), and let your children cut them out. Save the cutouts (and scraps) for use in other projects.

• **Practice pouring.** Let your children learn how to pour using a small plastic pitcher and a few plastic cups. Tell them that the cups are empty and that they should pour the liquid into the cups until they are full. Try emptying the pitcher to fill the cups, and then try emptying the cups to fill the pitcher. Experiment with different size cups.

• **Observe closely.** Using a simple magnifier, have children look at something up close. What do they see with the magnifier? What do they see without it?